

## AMENDMENTS

### Amendments to the Claims:

This listing of claims will replace all prior versions, and listings, of claims in this application.

### Listing of Claims:

Claims 1-10 (Canceled).

11. (Currently amended) A method of treating obesity in a human, the method comprising:

~~identifying an obese human;~~

administering to the human in need thereof an effective amount of a Ginkgo extract, as an active ingredient, comprising from 20 to 30 % of flavoneglycosides, from 2.5 to 4.5 % in total of ginkgolides A, B, C and J, from 2 to 4 % of bilobalide, less than 10 % of proanthocyanidines and less than 10 ppm of compounds of alkylphenol type;

wherein the Ginkgo extract is effective in promoting muscle mass to the detriment of fatty mass in the human, thereby treating obesity.

12. (Currently amended) A method of effecting weight-gain in a human in need of gaining weight, the method comprising:

~~identifying a human in need of gaining weight;~~

administering to the human in need thereof an effective amount of a Ginkgo extract, as an active ingredient, comprising from 20 to 30 % of flavoneglycosides, from 2.5 to 4.5 % in total of ginkgolides A, B, C and J, from 2 to 4 % of bilobalide, less than 10 % of proanthocyanidines and less than 10 ppm of compounds of alkylphenol type;

wherein the effective amount of the Ginkgo extract promotes a gain in muscle mass to the detriment of fatty mass in the human, thereby causing the warm-blooded animal to gain weight.

13. (New) A method of promoting a gain in lean muscle mass in a human, the method comprising:

administering to the human in need thereof an effective amount of a Ginkgo extract, as an active ingredient, comprising from 20 to 30 % of flavoneglycosides, from 2.5 to 4.5 % in total of ginkgolides A, B, C and J, from 2 to 4 % of bilobalide, less than 10 % of proanthocyanidines and less than 10 ppm of compounds of alkylphenol type;

wherein the effective amount of the Ginkgo extract promotes a gain in lean muscle mass in the human.

14. (New) The method of claim 11, further comprising identifying an obese human before administering the Ginkgo extract to the human.

15. (New) The method of claim 12, further comprising identifying a human in need of gaining weight before administering the Ginkgo extract to the human.

16. (New) The method of claim 13, further comprising identifying a human in need of gaining lean muscle mass before administering the Ginkgo extract to the human.